

Not yet registered? Scan me to book a free trial class!



ST. CATHARINES SCHOOL SCHEDULE

INTERESTED IN SIGNING UP? Visit http://www.niagarataekwondo.com/booknow to book a free trial class.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kids (Ages 4 to 6) Beginner Class	4:30 - 5:15 pm	5:20 - 6:05 pm	4:30 - 5:15 pm	5:20 - 6:05 pm	4:30 - 5:15 pm	10:00 - 10:45 am
Juniors (Ages 7 to 12) Beginner Class	5:20 - 6:05 pm	4:30 - 5:15 pm 6:10 - 6:55 pm	5:20 - 6:05 pm 7:00 - 7:45 pm	4:30 - 5:15 pm 6:10 - 6:55 pm	5:20 - 6:05 pm	10:50 - 11:35 am
Kids and Juniors (Ages 4 to 12) Intermediate and Advanced Orange Belt and Up	6:10 - 6:55 pm	7:00 - 7:45 pm	6:10 - 6:55 pm	7:00 - 7:45 pm	6:10 - 6:55 pm	11:40 - 12:25 pm
Teens and Adults (Age 13 and up) All Belt	7:00 - 7:45 pm	7:50 - 8:35 pm	7:50 - 8:35 pm	7:50 - 8:35 pm	7:00 - 7:45 pm	

^{*}Your regular membership includes two classes per week, on different days. We offer a flexible schedule and you can come to any two classes per week. There's a cap for each class and **you must reserve for the class before joining**.

^{*}Please stay home if you or your family member feel unwell. Feel free to re-book your reserved class as needed. You must use your weekly class allocation within the same week. Your make-up class will not carry over to the following week. No reimbursement for missed classes or unused class allocation.

^{*}Within one year of a membership term, we offer a maximum of two (2) membership freezes for a planned absence of 2 consecutive weeks or more. This membership freeze must be informed in writing (email), in advance and cannot be backtracked.

^{*}We are closed on statutory holidays. Also, classes may be cancelled due to weather conditions or any other unexpected conditions.

^{*}Schedule is subject to change depending on the demand for each class and/or as the school matures with belt advancement. We thank you in advance for your generous understanding.