



Not yet registered?
Scan me to book a free
trial class!



SCAN ME

ST. CATHARINES SCHOOL SCHEDULE

INTERESTED IN SIGNING UP? Visit <http://www.niagarataekwondo.com/booknow> to book a free trial class.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kids Class All Belt (Ages 4 to 6)	4:30 - 5:15 pm	5:20 - 6:05 pm	4:30 - 5:15 pm	5:20 - 6:05 pm	4:30 - 5:15 pm	9:45 - 10:30 am
Juniors Beginner White and Yellow Belts (Ages 7 to 12)	5:20 - 6:05 pm	6:10 - 6:55 pm	5:20 - 6:05 pm	6:10 - 6:55 pm	5:20 - 6:05 pm	10:35 - 11:20 am
Kids and Juniors Intermediate Orange, Green, Blue Belts (Ages 4 to 12)	6:10 - 6:55 pm	4:30 - 5:15 pm	7:00 - 7:45 pm	4:30 - 5:15 pm	6:10 - 6:55 pm	11:25 - 12:10 pm
Kids and Juniors Advanced Purple Belts and Up (Ages 4 to 12)	7:00 - 7:45 pm	7:00 - 7:45 pm	6:10 - 6:55 pm	7:00 - 7:45 pm	6:10 - 6:55 pm	11:25 - 12:10 pm
Teens and Adults All Belts (Age 13 and up)	7:50 - 8:35 pm	7:50 - 8:35 pm	7:50 - 8:35 pm	7:50 - 8:35 pm		
Team Jung's High Performance Class					7:00 - 8:30 pm (Sparring Team)	

- We offer a flexible schedule for busy families. Please reserve your weekly allocated classes on the Zen Planner Member App and reschedule as needed. If you miss a lesson and cannot make up for it within the same week, please note that you can come to extra class the following week or week before. **It is your responsibility to attend the make-up class. We will not reimburse/extend the membership for the missed lessons.**
- Need to miss two consecutive weeks? **We offer a membership freeze for any breaks longer than 2 weeks.** Membership freeze cannot be longer than 2 months at a time. If you freeze your membership, we will save your unused portion of the membership to be used when you come back. Please send us an email to request for the membership freeze.
- We are closed on statutory holidays. Also, classes may be canceled due to weather conditions or any other unexpected conditions.
- Schedule is subject to change depending on the demand for each class and/or as the school matures with belt rank advancements. We thank you in advance for your generous understanding.